

**Tri-County Board of Recovery and Mental Health Services
Ohio Strategic Prevention Framework (SPF)
Prevention Priorities Logic Model**

Guiding Statement		
<p>The Tri-County Board of Recovery and Mental Health Services is dedicated to planning, funding, monitoring and evaluating substance abuse and mental health services for Darke, Miami and Shelby counties; working diligently to see that the services are cost-effective and of the highest possible quality; informing the community about these services; and access to them.</p>		
Theory of Change		
<p>If the Tri-County Board of Recovery and Mental Health Services adopts, embraces, and supports a prevention infrastructure that includes a highly qualified prevention workforce and high-functioning community coalitions to implement effective, evidence based strategies ... <i>then</i> the communities in Darke, Miami, and Shelby Counties will experience a planned sequence of culturally appropriate, science-driven strategies intended to reduce the likelihood of or delaying the onset of behavioral health problems (i.e., substance abuse, mental illness, suicide, and problem gambling).</p>		
Prevention Priorities	Strategies	Outcomes
<p><u>Evidence-Based Practices</u></p> <ul style="list-style-type: none"> The TCB adopted a strategic plan that focuses on funding EBPs addressing and promoting resiliency. <ul style="list-style-type: none"> There is a commitment among agencies in the TCB Area to adopt and implement evidenced-based programs addressing and promoting resiliency. <p><u>Coalition Building</u></p> <ul style="list-style-type: none"> Adults in the TCB Area believe that it is important to set healthy beliefs and clear standards in our community. However, the TCB Area lacks a coalition that spans all three counties to address substance abuse prevention and mental health promotion at the community-level. <ul style="list-style-type: none"> Shelby County has a county-wide substance abuse coalition in the early stages of development. Miami and Darke Counties do not have county-wide substance abuse coalitions. There are small coalitions in Covington, Piqua, and Milton. <p><u>Workforce Development</u></p> <ul style="list-style-type: none"> The TCB Area is committed to supporting prevention personnel as they work toward OCPS certification by encouraging providers to have professional development plans that include expenses for providing training that contributes to, and the application fee for, the Ohio Certified Prevention Assistant, Specialist, and Consultant credentials; the Ohio Early Childhood Mental Health Professional Credential, and/or the Ohio Youth Prevention Leadership Certification. The TCB Area is committed to hosting and/or supporting continuing education opportunities for prevention personnel and community members to earn RCHs necessary to attain or maintain OCPS certification. <p><u>Adult Mental Health</u></p> <ul style="list-style-type: none"> Adults in the TCB Area need increased awareness of SAMHSA's 8 Dimensions of Wellness and the risk factors and signs/symptoms associated with mental and behavioral health disorders. In the TCB Area, there is stigma associated with mental and behavioral health disorders. Early identification and intervention services are not being utilized effectively in the TCB Area. There is a lack of education among health professionals and the business community in the TCB Area about the importance of mental health promotion and mental health disorders prevention in the health of adults in our community. <p><u>Adult Opioid Use</u></p> <ul style="list-style-type: none"> There is a lack of awareness of the risk of keeping old/unused prescriptions in private homes and the connection to the opiate abuse epidemic. There is a lack of awareness between the dangers of prescription opioid misuse and the transition to heroin abuse. There is low awareness of opioid (prescription and illicit) risk for misuse, abuse and addiction. The Generation Rx culture is well documented and should be monitored in the TCB Area. <p><u>Youth Mental Health</u></p> <ul style="list-style-type: none"> Youth (birth to age 18) in the TCB Area need increased awareness of SAMHSA's 8 Dimensions of Wellness and the risk factors and signs/symptoms associated with mental and behavioral health disorders. Youth have opportunities by means of community based programming, schools, and faith based organizations. Early identification and intervention are available to youth and their families to connect them with available resources and services in the TCB Area. <p><u>Youth Opioid Use</u></p> <ul style="list-style-type: none"> Adults in the TCB Area do not fully understand the important role that adults play in the prevention of the NMUPD by youth. Low awareness by parents and other adults of opioid risk for misuse, abuse and addiction leads to easy access in private homes by youth to prescription opiates. Youth have a low perception of risk regarding NMUPD. The Generation Rx culture is well documented and should be monitored in the TCB Area. Youth are identified as "generation Rx" - growing up in a period of time focused on pharmaceutical populism creating a growing culture of self-diagnosis and self-prescription (OSU, 2012). <p><u>Youth Underage Consumption of Alcohol</u></p> <ul style="list-style-type: none"> Community norms regarding underage alcohol consumption often contradictory for youth which can cause confusion. Adults in the TCB Area have low awareness of the consequences associated with underage alcohol consumption. 	<p><u>Prevention Education</u></p> <ul style="list-style-type: none"> Incredible Years Life Skills Elementary Life Skills Middle School Life Skills High School Project Northland The Truth About Drugs Shelby County Youth-Led Prevention <p><u>Environmental Strategies</u></p> <p><u>Community-based Process</u></p> <ul style="list-style-type: none"> Shelby County Youth-Led Prevention Shelby County Drug Free Coalition <p><u>Information Dissemination</u></p> <ul style="list-style-type: none"> Health Fairs FCFC/IDT Community Networking Shelby County Youth-Led Prevention Shelby County Drug Free Coalition <p><u>Problem Identification and Referral</u></p> <p><u>Alternative Activities</u></p> <ul style="list-style-type: none"> Drop-In Center Incredible Years Graduation Ceremony Life Skills High School Celebration Life Skills Middle School Celebration Project Northland Celebration The Truth About Drugs Celebration Shelby County Youth-Led Prevention 	<p>NOMs & Objectives</p> <p>Abstinence</p> <ul style="list-style-type: none"> Participants will maintain abstinence or reduce substance abuse Participants will delay the age of first substance use Participants will perceive substance use as risky and/or harmful Participants will perceive substance non-use as the norm Increase perception of problem gambling as risky and/or harmful <p>Criminal Justice</p> <ul style="list-style-type: none"> Decrease justice system level of involvement <p>School/Employment</p> <ul style="list-style-type: none"> Participants will increase school bonding and commitment to learn. Participants will demonstrate an understanding of the impact of substance use on the workplace Improve early childhood outcomes <p>Social Support/Social Connectedness</p> <ul style="list-style-type: none"> Participants will improve their ability to develop healthy interpersonal skills through promoting social/emotional development Participants will experience an increase in positive family management <p>Tx: Housing</p> <ul style="list-style-type: none"> Increased stability in housing <p>Tx: Abstinence</p> <ul style="list-style-type: none"> Increase access to recovery supports for adolescents and transitional age youth Increased engagement/retention in treatment Increased use of continuing care plans to sustain problem gambling recovery Decreased mental illness symptoms <p>Access/Capacity</p> <ul style="list-style-type: none"> Participants will influence community laws and norms promoting healthy lifestyles Participants will improve system capacity