

# Tri-County Board of Recovery & Mental Health Services



MIAMI | DARKE | SHELBY

# ANNUAL REPORT to the Community for FY2021



July 1 2020—June 30 2021

1100 Wayne Street, Suite 4000 | Troy OH 45373

[www.tcbmds.org](http://www.tcbmds.org) | 937-335-7727

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## *About the Cover*

The painting on the cover is titled “Defiant” by Theresa Smith. She describes the painting as:

“...I chose to be purposeful, and mapped out my Covid isolation goals. 1. Travel the world 2. Meet people from all over the world 3. Tour museums 4. Explore every medium in art 5. Self care - meditation, Tai Chi, yoga & ballet 6. Virtually from my home daily... My disability taught me to reach out and to make self-care a priority...

The black backdrop represents uncertainty of health, well being and dark times. The girl stands facing defiantly the uncertainty in our lives with her feet firmly on the ground surrounded by the vibrant flowers she chooses to accompany her through this isolation. All the while fully aware of what is lurking on the other side of the door for her and the world.

See more at <https://www.tcbmds.org/coping-with-covid.html>

# Mission

*The Tri-County Board of Recovery and Mental Health Services believes that a strong support system of mental health and recovery services is essential in building a strong community. By caring for others, we benefit all.*

## Mission Statement

The Tri-County Board of Recovery and Mental Health Services is dedicated to planning, funding, monitoring and evaluating substance abuse and mental health services for Miami, Darke, and Shelby counties; working diligently to see that the services are cost-effective and of the highest possible quality; informing the community about these services; and ensuring that people have access to them.

The Tri-County Board is committed to assuring that help is available to our communities' most vulnerable citizens. Services and prevention activities are provided through a network of provider agencies located in Miami, Darke, and Shelby counties. At these agencies, individuals struggling with mental illness and addiction issues will find the help and support they need to lead a full and productive life. Fees for these services are based on a person's ability to pay through a sliding fee scale - no one is denied service because of the inability to pay. This is made possible by federal and state tax dollars and by support from the local Mental Health and Recovery tax levy.

# Strategy

*To help focus the Board of Directors, staff, and community partners in advancing the mission, the Tri-County Board develops long-range strategic plans. Input for the plan comes from community surveys, coalitions, clients, families, provider agencies and other partners. The Strategic Plan is a working, living document, subject to change as needs, funding and opportunities arise.*

## **Three-Year Strategic Plan, 2020-2022**

### **1. Enhance Access to Services**

The Tri-County Board will invest in research, technology, and other resources to improve access to mental health and addiction services through:

- Mobilization of assessment, intake, treatment and case management services
- Enhanced application of telehealth and telemedicine
- Assisting providers with workforce development, recruitment and retention efforts to ensure appropriate licensure of staff, extended hours for services, and mobilization of services

### **2. Enhance Asset Management**

The Tri-County Board will enhance data systems and procedures to track utilization, maintenance, and management of facilities and other assets.

### **3. Establish a Permanent Administrative and Training Center**

The Tri-County Board will establish a modern, efficient and accessible administrative center owned by the Board, with flexible use facilities for agency and community partners, including a well-equipped, safe and modern training and meeting space.

### **4. Reduce the Impact of Suicide**

The Tri-County Board will invest in education, training, and other resources to enhance suicide prevention across all age groups, with particular attention to youth and to the agricultural community.

### **5. Enhance Youth Services**

The Tri-County Board will invest in evidence-based or emerging best practice approaches to build resiliency in youth; to establish effective prevention strategies in schools and community youth organizations; for broader adoption of screening and early intervention for mental health or substance use; and to improve access to treatment services for youth.

### **6. Plan for and Respond to Behavioral Health Impacts of Trauma**

Trauma can occur as a result of social, economic and environmental conditions, and is a significant risk factor for mental health and substance use disorders. The Tri-County Board will invest in evidence-based or emerging best practice approaches to build resiliency in communities, including but not limited to community crisis response, warmlines, inter-agency and community planning, and emergent systems.

# Leadership

## BOARD MEMBERS

(July 2020-June 2021)

*NOTE: Board terms may begin or end during the Fiscal Year*

### Miami County

Jerry Herbe, Piqua. County appointment.  
Marty Hobart, Troy. County appointment.  
Terrie Hottle, Tipp City. State appointment.  
Patrick Jacomet, Troy. State appointment.  
George Lovett, Tipp City. County appointment.  
Cassandra Pohl, Piqua. County appointment.  
Ann Runner, Troy. County appointment.  
Marcia Youtz, Troy. State appointment.

\*Miami County may have up to 8 members

### Darke County

Dennis Butts, Greenville, County appointment.  
Terrence Holman, Greenville, State appointment,  
Mandy Martin, Greenville. State appointment.  
Jason Wagner, Versailles, County appointment.

\* Darke County may have up to 5 members

### Shelby County

Lou Ann Albers, Anna, State appointment.  
Rod Austin, Sidney, County appointment.  
Velina Bogart, Sidney. State appointment.  
Aaron Frohna, Sidney, State appointment.††

\*Shelby County may have up to 5 members

†† Term ended during FY2021

## BOARD STAFF

### EXECUTIVE DIRECTOR

**Terri Becker**

### DIRECTORS

Finance and Administrative Services

**Steve McEldowney\***

*\*20-year milestone April 2021*

Clinical Services and Evaluation

**Kim McGuirk**

Community Resource Development/Public Information Officer

**Brad Reed**

Prevention and Education

**Beth Adkins**

Information Technology Services

**Jerry Hill**

### STAFF

Program Coordinator—NAMI/Miami County FCFC

**Jordan Hodges**

Account Specialist

**Vicki Rush**

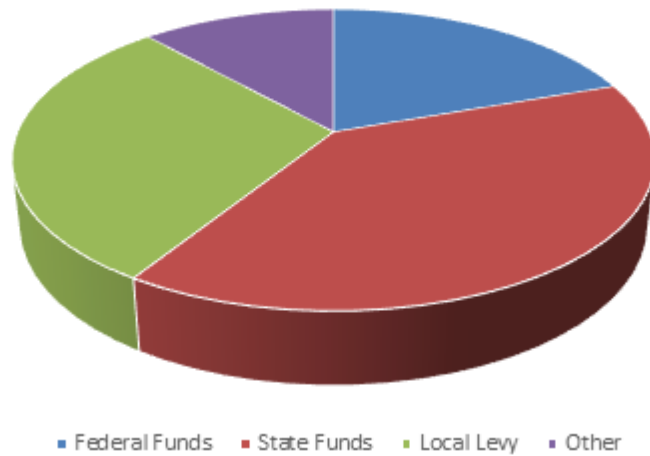
Accounting Clerk

**Wendy Westfall**

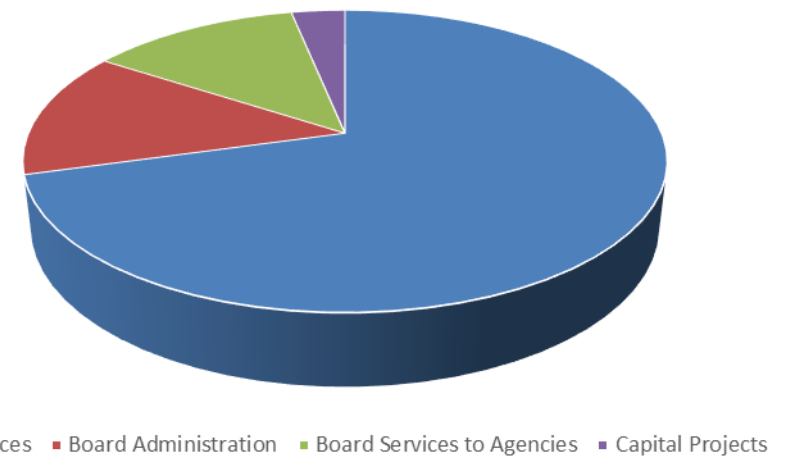
# Fiscal Responsibility

## 2021 Fiscal Year in Review (ending 30 June 2021)

Revenue by Source



Expenditures by Category



### Revenue

|               |                    |       |
|---------------|--------------------|-------|
| Federal Funds | \$1,597,431        | 19.6% |
| State Funds   | 3,209,334          | 39.4% |
| Local Levy    | 2,396,604          | 29.4% |
| Other         | 950,583            | 11.7% |
|               | <u>\$8,153,953</u> |       |

### Expenditures

|                            |                    |       |
|----------------------------|--------------------|-------|
| Services                   | \$4,710,865        | 70.6% |
| Board Administration       | 903,259            | 13.5% |
| Board Services to Agencies | 840,237            | 12.6% |
| Capital Projects           | 214,324            | 3.2%  |
|                            | <u>\$6,668,685</u> |       |

Cash Forward to FY2022 \*\* \$10,255,942

\*\*Note: Revenues and Expenses include Central Pharmacy which is a non-cash item.

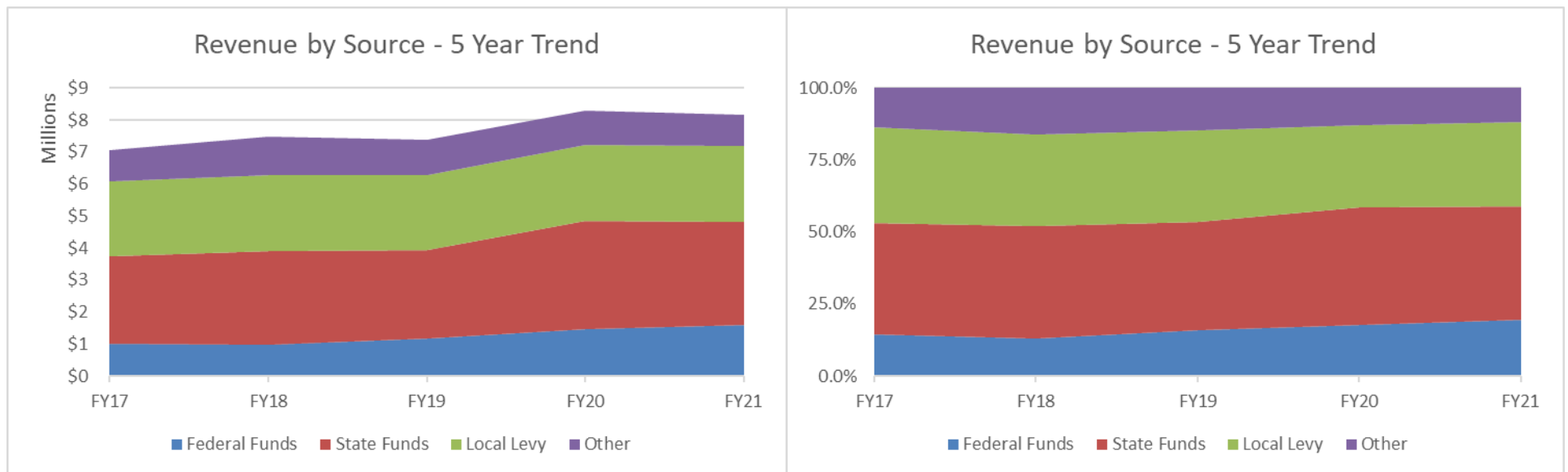
\*\*Cash forward figure includes \$1,370,736 of Board Operating Reserves, \$3,575,303 of Board Capital Reserves, \$60,000 Levy Campaign Reserve, and \$5,249,903 of Unencumbered Reserves, which are available for future Board contractual obligations.

~~Statements are Unaudited~~

# Fiscal Responsibility

## Revenues by Source FY17-FY21 in Dollars and as a Percentage of Total

Local dollars raised by the 0.6 mill levy continue to be a critical revenue source. Federal and state funds come with restrictions on what the dollars can be used for; much of the federal and state revenue in the period are earmarked for opioid treatment programs.

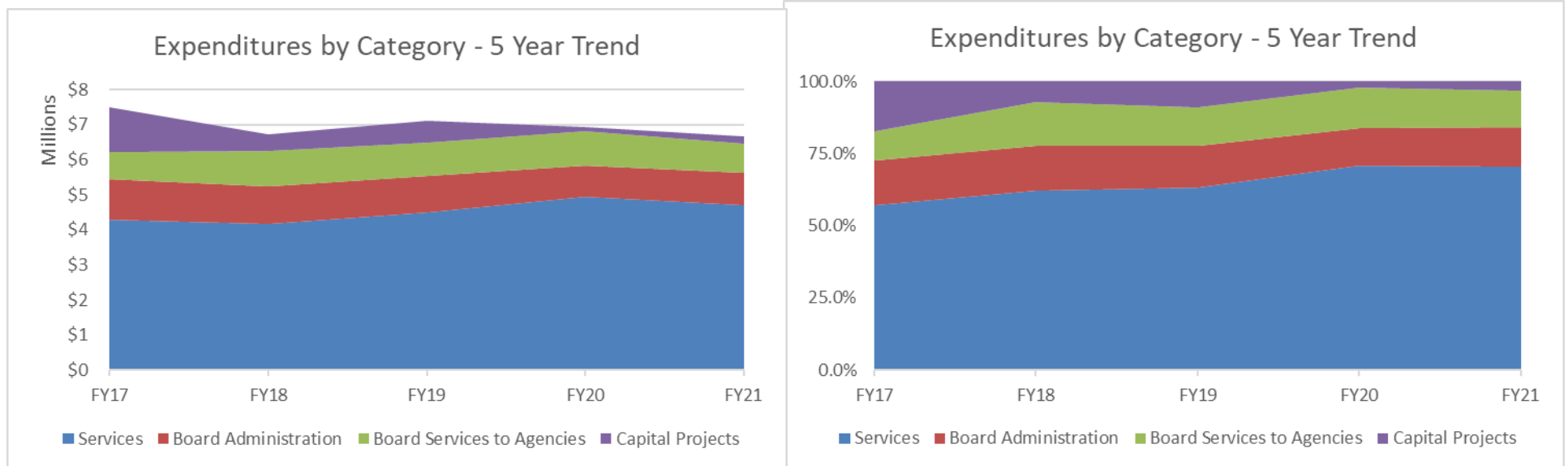


| Revenue (Dollars) | FY17               | FY18               | FY19               | FY20               | FY21               |
|-------------------|--------------------|--------------------|--------------------|--------------------|--------------------|
| Federal Funds     | \$1,019,918        | \$982,167          | \$1,179,450        | \$1,465,542        | \$1,597,431        |
| State Funds       | 2,723,452          | 2,919,007          | 2,760,507          | 3,378,549          | 3,209,334          |
| Local Levy        | 2,340,763          | 2,377,178          | 2,339,657          | 2,368,670          | 2,396,604          |
| Other             | 975,117            | 1,193,561          | 1,092,444          | 1,083,591          | 950,583            |
| <b>TOTAL</b>      | <b>\$7,059,250</b> | <b>\$7,471,913</b> | <b>\$7,372,059</b> | <b>\$8,296,353</b> | <b>\$8,153,953</b> |

# Fiscal Responsibility

## Expenditures by Category FY17-FY21 in Dollars and as a Percentage of Total

The period saw a significant increase in Board Services to Agencies, largely due to increased programming at recovery homes. Capital expenditures decreased in FY20 and FY21 as site prep was completed but construction had not yet begun for the building project.



| Expenditures (Dollars)     | FY17               | FY18               | FY19               | FY20               | FY21               |
|----------------------------|--------------------|--------------------|--------------------|--------------------|--------------------|
| Services                   | \$4,291,588        | \$4,183,826        | \$4,500,502        | \$4,933,533        | \$4,710,865        |
| Board Administration       | 1,154,764          | 1,057,878          | 1,037,879          | 897,825            | 903,259            |
| Board Services to Agencies | 777,562            | 1,012,141          | 948,092            | 972,796            | 840,237            |
| Capital Projects           | 1,291,431          | 483,865            | 640,611            | 145,122            | 214,324            |
| <b>TOTAL</b>               | <b>\$7,515,345</b> | <b>\$6,737,710</b> | <b>\$7,127,083</b> | <b>\$6,949,276</b> | <b>\$6,668,685</b> |



# Community Impact

## *Crisis & Support Services — FY2021 (change from FY20):*

*A full year of the COVID pandemic shows up in the impact on crisis services and mental health hospitalizations.*

- **22** Crisis Response Team call-outs (+47%) to **14** organizations and **232** individuals
- **11,105** Crisis Hotline Calls (+15%)
- **1,333** Mobile Crisis assessments (+25%)
- **4,709** HOPE Line calls answered (+54%)
- **18** admissions to Nova Behavioral Health inpatient substance use treatment (-44%)
- **29** admissions to State Psychiatric Hospital (+40%)
- **58** individuals in inpatient psychiatric hospitalizations (+21%) 4 hospital contracts, \$339,200 (+49%)
- **3** youth in mental health placements (-40%)

*Clients served 61% male, 39% female  
9% aged 18 and younger, 91% over 18*



VIEW FROM PARKING LOT ON SOUTH SIDE

## *Building the Future*

On June 30, 2021—the last day of FY2021—the Tri-County Board, after 10 years of planning and two rounds of bidding, awarded a \$3,974,000 contract to Brumbaugh Construction from Arcanum as general contractor for the Administration & Training Center at 1280 N. County Road 25-A, Troy. The building is fully funded through a combination of Board capital reserves, state capital funds, and donations from private foundations, companies and individuals.

Construction will continue throughout FY2022 with expected occupancy in early FY2023.

# Education & Prevention



October 2020 Crisis Intervention Team Academy Year 15/Class 17



June 2021 Crisis Intervention Team Academy Year 16/Class 18



- 954 people trained at 30 locations
- 20 different training topics
- 507 individuals in 33 “Coping With Challenging Times” sessions

# Celebrations

## Special Recognition Awards

No part of society is untouched by the COVID-19 pandemic. Every individual, every family, every business, every social service agency, every faith community, every school, every governing body, every athlete, musician, artist and actor has been altered in profound ways. Some of the changes will be temporary, if indefinite. Some will be permanent. Some treasures will be lost forever, and some adaptations will be permanent and positive.

In each community one entity has been the focal point of our collective response to the pandemic. Tasked with keeping our communities healthy in normal times, in the face of this new peril they were called upon to monitor, assess and respond to the coronavirus threat; and to develop, implement and enforce rules in communities where there is significant disagreement about those rules. These organizations became the focal point of criticism, lightning rods lashed by the fears and frustrations of their communities, and at the same time they are expected to be the trusted source of factual, unbiased and scientifically-sound information and advice. The men and women working in these organizations have put themselves on the front lines, risking the health of themselves and their loved ones, facing violent outbursts with patience and compassion, and suffering emotional trauma from the stress, and yet they persevere.

It is in recognition of these extraordinary efforts in extraordinary times that we honor with Special Commendation our County Health Departments: Miami County Public Health, Darke County General Health District, the Sidney-Shelby County Health Department, and Piqua Health & Sanitation.



**Miami County  
Public Health**  
Prevent. Promote. Protect.



**Public Health**  
Prevent. Promote. Protect.

**Sidney-Shelby County  
Health Department**



**PIQUA**  
Health & Sanitation

# Celebrations

## Geraldine B. Nelson Advocacy Award

When the year 2020 began nearly 10 months ago, none of us could have predicted the historic and perilous path it would take. By the early Spring, the world had changed. A new threat had emerged – a coronavirus, SARS CoV2, COVID-19. In response, new restrictions were imposed on group gatherings, and other close quarters such as public transportation. No one was unaffected, and some, already the most vulnerable among us, were severely impacted. Persons living with mental illness already fighting stigma and isolation, found themselves further isolated. Those dependent upon service agencies for transportation and food security, found themselves place-bound and insecure about when they would have their next meal.

The 2020 recipient of the Geraldine B. Nelson Award never lost sight of these most vulnerable. Unable to transport people to a meal site, they used their transportation network to deliver meals. Unable to welcome groups into their facilities, staff and volunteers learned to use social media and other communications tools to host online groups, and to reach out one-on-one to those persons unable to use the technology themselves. As the pandemic and its attendant restrictions stretched into Summer and then into Fall, our GB Nelson Award winner continued to adapt. They learned new terms like “social distancing” and “PPE” for the personal protective equipment to keep staff, volunteers and members safe; they learned to host Zoom meetings, and Facebook Live and Groups, and to create YouTube videos to keep pushing out the message that persons living with mental illness matter, and desperately need the social support our GB Nelson winner provides.

They continue to advocate for the most vulnerable, to uncover and celebrate the gifts of their staff, their volunteers, and their members. And in bold defiance of all the challenges the pandemic has thrown their way, this month they celebrated mental health and recovery with a COVID-safe outdoor art exhibit with the theme, “In the Year of Fear, Hope Lives Here.”

It is in recognition of these achievements that the Tri-County Board of Recovery and Mental Health Services recognizes this year’s winner of the Geraldine B. Nelson Advocacy Award, for supportive measures on behalf of another, by promoting the recognition of consumer rights and encouraging positive change in the realm of mental health and addictions issues, presented this day, October 21, 2020, to **SafeHaven**.



*SafeHaven Executive Director Doug Metcalfe displays the 2020 Geraldine B. Nelson Advocacy Award.*