



Tri-County Board
of Recovery &
Mental Health Services



MIAMI | DARKE | SHELBY

Annual Report

to the Community for FY2020
(July 1 2019—June 30 2020)

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www.tcbmds.org | 937-335-7727

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About the Cover

The painting on the cover is titled “Stronger Together” by Tiffany Shaw-Diaz. She describes the painting as:

“I created this watercolor around the time the COVID lockdown began in Ohio. This painting is a message of hope, that through working together as one, we can overcome and heal from this historic and unprecedented crisis. “

The painting was submitted as part of the Tri-County Board’s Art of Recovery exhibit, which in 2020 was online only. See more at <https://www.tcbmds.org/coping-with-covid.html>



Mission

The Tri-County Board of Recovery and Mental Health Services believes that a strong support system of mental health and recovery services is essential in building a strong community. By caring for others, we benefit all.

Mission Statement

The Tri-County Board of Recovery and Mental Health Services is dedicated to planning, funding, monitoring and evaluating substance abuse and mental health services for Miami, Darke, and Shelby counties; working diligently to see that the services are cost-effective and of the highest possible quality; informing the community about these services; and ensuring that people have access to them.

The Tri-County Board is committed to assuring that help is available to our communities' most vulnerable citizens. Services and prevention activities are provided through a network of provider agencies located in Miami, Darke, and Shelby counties. At these agencies, individuals struggling with mental illness and addiction issues will find the help and support they need to lead a full and productive life. Fees for these services are based on a person's ability to pay through a sliding fee scale - no one is denied service because of the inability to pay. This is made possible by federal and state tax dollars and by support from the local Mental Health and Recovery tax levy.

Strategy

To help focus the Board of Directors, staff, and community partners in advancing the mission, the Tri-County Board develops long-range strategic plans. Input for the plan comes from community surveys, coalitions, clients, families, provider agencies and other partners. The Strategic Plan is a working, living document, subject to change as needs, funding and opportunities arise.

Three-Year Strategic Plan, 2020-2022

1. Enhance Access to Services

The Tri-County Board will invest in research, technology, and other resources to improve access to mental health and addiction services through:

- Mobilization of assessment, intake, treatment and case management services
- Enhanced application of telehealth and telemedicine
- Assisting providers with workforce development, recruitment and retention efforts to ensure appropriate licensure of staff, extended hours for services, and mobilization of services

2. Enhance Asset Management

The Tri-County Board will enhance data systems and procedures to track utilization, maintenance, and management of facilities and other assets.

3. Establish a Permanent Administrative and Training Center

The Tri-County Board will establish a modern, efficient and accessible administrative center owned by the Board, with flexible use facilities for agency and community partners, including a well-equipped, safe and modern training and meeting space.

4. Reduce the Impact of Suicide

The Tri-County Board will invest in education, training, and other resources to enhance suicide prevention across all age groups, with particular attention to youth and to the agricultural community.

5. Enhance Youth Services

The Tri-County Board will invest in evidence-based or emerging best practice approaches to build resiliency in youth; to establish effective prevention strategies in schools and community youth organizations; for broader adoption of screening and early intervention for mental health or substance use; and to improve access to treatment services for youth.

6. Plan for and Respond to Behavioral Health Impacts of Trauma

Trauma can occur as a result of social, economic and environmental conditions, and is a significant risk factor for mental health and substance use disorders. The Tri-County Board will invest in evidence-based or emerging best practice approaches to build resiliency in communities, including but not limited to community crisis response, warmlines, inter-agency and community planning, and emergent systems.

Leadership

BOARD MEMBERS

(July 2019-June 2020)

NOTE: Board terms may begin or end during the Fiscal Year

Miami County

Jerry Herbe, Piqua. County appointment.

Marty Hobart, Troy. County appointment.

George Lovett, Tipp City. County appointment.

Cassandra Pohl, Piqua. County appointment.

Ann Runner, Troy. County appointment.

Marcia Youtz, Troy. State appointment.

*Miami County may have up to 8 members

Darke County

Dennis Butts, Greenville, County appointment.

Terrence Holman, Greenville, State appointment,

Mandy Martin, Greenville. State appointment.

Jason Wagner, Versailles, County appointment.

* Darke County may have up to 5 members

Shelby County

Lou Ann Albers, Anna, State appointment.

Rod Austin, Sidney, County appointment.

Aaron Frohna, Sidney, State appointment.

*Shelby County may have up to 5 members

BOARD STAFF

EXECUTIVE DIRECTOR

Terri Becker

DIRECTORS

Finance and Administrative Services

Steve McEldowney

Clinical Services and Evaluation

Kim McGuirk

Community Resource Development/Public Information Officer

Brad Reed

Prevention and Education

Beth Adkins

Information Technology Services

Jerry Hill

STAFF

Program Coordinator—NAMI/Miami County FCFC

Jordan Hodges

Account Specialist

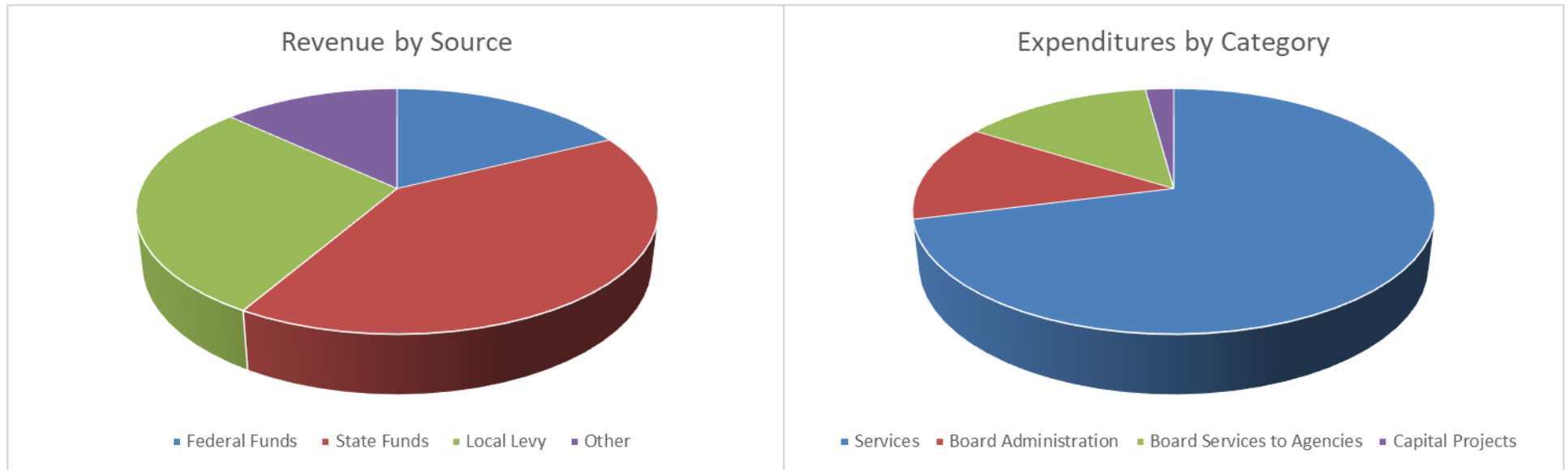
Vicki Rush

Accounting Clerk

Wendy Westfall

Fiscal Responsibility

2020 Fiscal Year in Review (ending 30 June 2020)



Revenue		
Federal Funds	\$1,465,542	17.7%
State Funds	3,378,549	40.7%
Local Levy	2,368,670	28.6%
Other	1,083,591	13.1%
	<u>\$8,296,353</u>	

Expenditures		
Services	\$4,933,533	71.0%
Board Administration	897,825	12.9%
Board Services to Agencies	972,796	14.0%
Capital Projects	145,122	2.1%
	<u>\$6,949,276</u>	

Cash Forward to FY2021 ** \$8,770,675

**Note: Revenues and Expenses include Central Pharmacy which is a non-cash item.

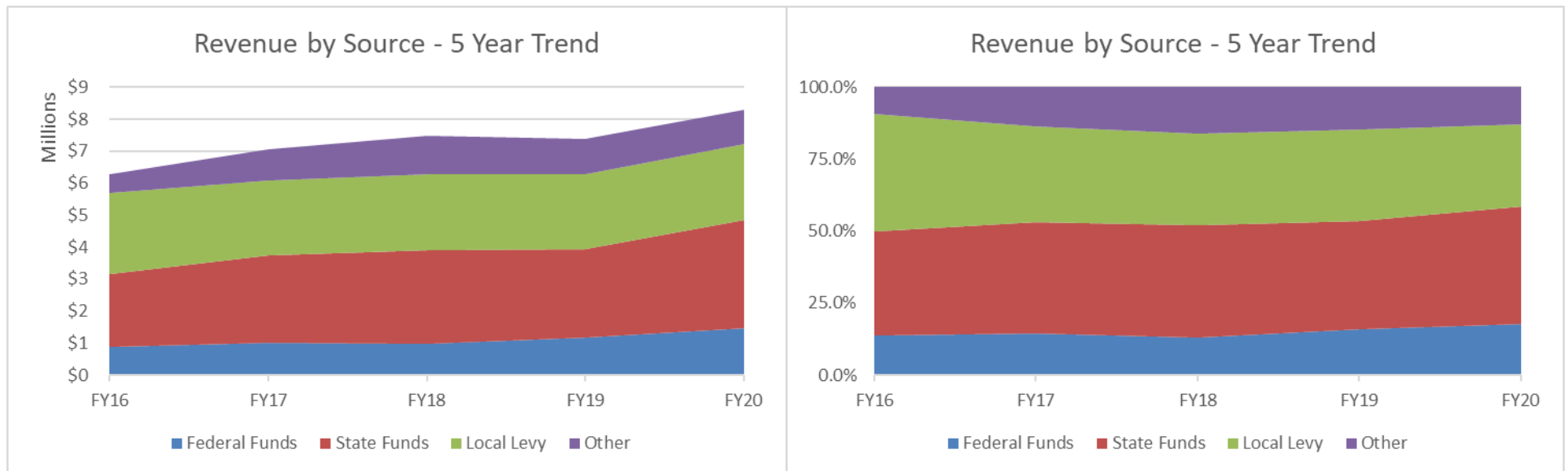
**Cash forward figure includes \$1,304,138 of Board Operating Reserves, \$3,575,303 of Board Capital Reserves, \$52,500 Levy Campaign Reserve, and \$3,838,734 of Unencumbered Reserves, which are available for future Board contractual obligations.

~~Statements are Unaudited~~

Fiscal Responsibility

Revenues by Source FY16-FY20 in Dollars and as a Percentage of Total

Local dollars raised by the 0.6 mill levy continue to be a critical revenue source. Federal and state funds come with restrictions on what the dollars can be used for; much of the federal and state revenue in the period are earmarked for opioid treatment programs.

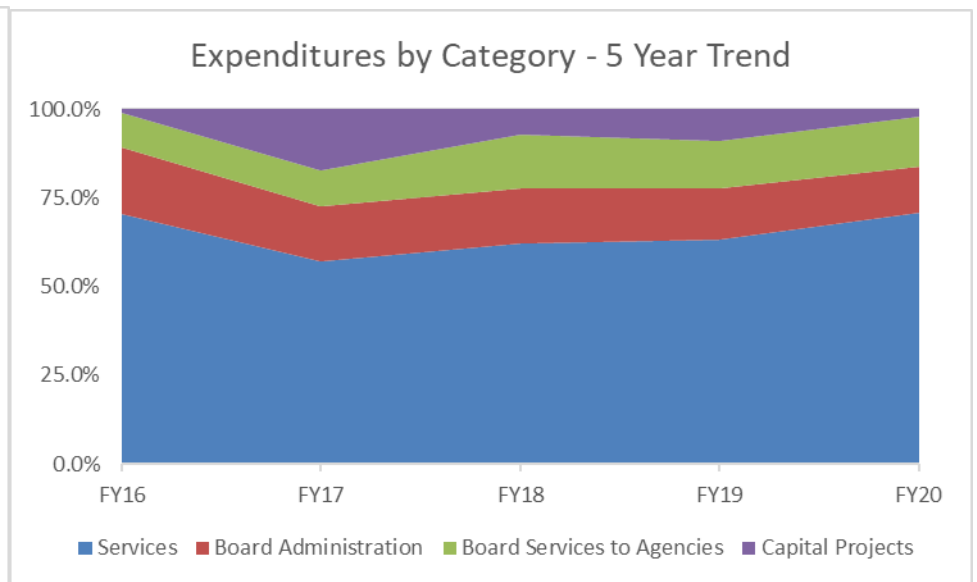
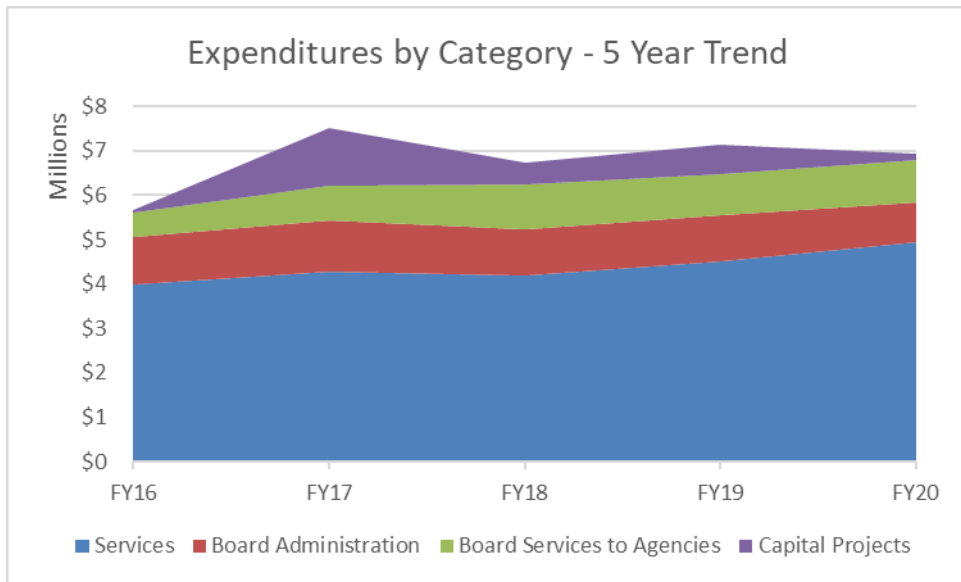


Revenue (Dollars)	FY16	FY17	FY18	FY19	FY20
Federal Funds	\$870,447	\$1,019,918	\$982,167	\$1,179,450	\$1,465,542
State Funds	2,268,535	2,723,452	2,919,007	2,760,507	3,378,549
Local Levy	2,550,887	2,340,763	2,377,178	2,339,657	2,368,670
Other	585,504	975,117	1,193,561	1,092,444	1,083,591
TOTAL	\$6,275,373	\$7,059,250	\$7,471,913	\$7,372,059	\$8,296,353

Fiscal Responsibility

Expenditures by Category FY16-FY20 in Dollars and as a Percentage of Total

The period saw a significant increase in Board Services to Agencies, largely due to increased programming at recovery homes. Capital expenditures increased in FY2019 as site prep began for the building project.



Expenditures (Dollars)	FY16	FY17	FY18	FY19	FY20
Services	\$3,987,484	\$4,291,588	\$4,183,826	\$4,500,502	\$4,933,533
Board Administration	1,070,240	1,154,764	1,057,878	1,037,879	897,825
Board Services to Agencies	539,883	777,562	1,012,141	948,092	972,796
Capital Projects	59,015	1,291,431	483,865	640,611	145,122
TOTAL	\$5,656,622	\$7,515,345	\$6,737,710	\$7,127,083	\$6,949,276

Community Impact

Services provided by the Network of Care:

- Hospitalization and inpatient treatment
- Recovery housing and detox programs
- Vivitrol/Medication Assisted Treatment
- Jail re-entry program
- 24-hour crisis services
- Counseling
- Pharmacy and med management
- Education, outreach, and prevention
- Services for special populations
- Consumer support services

Crisis & Support Services by the Numbers (FY2020):

- **9,659** 24/7 Crisis Hotline Calls
- **1,068** Mobile Crisis Responses
- **15** Crisis Response Team Call-Outs
- **3,053** HOPE Line calls
- **128** average daily attendance at 3 SafeHaven sites
- **6,771** riders transported by SafeHaven in 3 counties
- **32** admissions to Nova Behavioral Health
- **20** admissions to State Psychiatric Hospital
- **48** individuals in inpatient psychiatric hospitalizations (4 hospital contracts, \$227,100)
- **5** youth in mental health placements (\$33,303)

*Clients served 63% male, 37% female
6% aged 18 and younger, 94% over 18*

Education



December 2019 Crisis Intervention Team Academy
(April 2020 and June 2020 Academies canceled by COVID-19)

Workplace Alcohol and Drug Use
Mental Health Basics
De-escalation Pink Slips
Trauma Informed Approach
PAX Community Tools
Vicarious Trauma
Establishing Healthy Relationships
Resiliency
Self Care
QPR

- *1,046 people trained at 25 locations*
- *14 different training programs*
- *16 school-based trainings*

Prevention



- *Problem Gambling Prevention messaging through billboards, county fair takeaway items and radio*

- *155 online screenings at tcbmds.org/neckup*



- *121 people explored Hidden In Plain Sight before the COVID-19 shutdown*



Hidden In Plain Sight

Hidden In Plain Sight is an opportunity for parents, teachers and others who work with adolescents to experience and explore the environment of a teenager and learn to spot signs of possible substance use and risky behavior.

Hidden In Plain Sight simulates a teenager's bedroom, in which we have placed 50 or more items which may be indicators that the teen is using tobacco, alcohol or other drugs, or is engaging in behavior that could lead to such use. Some items are obvious, some are fiendishly clever; some are well-hidden and some are sitting in plain sight.

Celebrations

Geraldine B. Nelson Advocacy Award

The 2019 recipient of the Geraldine B. Nelson Award has filled many roles in the Tri-County behavioral health system. Many years ago, as secretary for the Mental Health department at Dettmer, she could not have imagined that she would become one of the most influential members of the Tri-County Board, nor would she have predicted the profound impact she has had on so many individuals in recovery. It was largely due to her advocacy that Miami House was opened as a recovery home for women. She ranks third on the list of longest-serving Board members, having served a total of 17 years before her untimely death in 2018. In the manner and respect for those in recovery from alcohol addiction, she was a “friend of Bill W” for 22 years. Her perspective as a person in recovery was highly valued on the Board, and her wisdom and strength of character was a literal lifeline for numerous other “friends of Bill W” who she sponsored and supported in their recovery journeys.

It is in recognition of these achievements that the Tri-County Board of Recovery and Mental Health Services recognizes this year’s winner of the Geraldine B. Nelson Advocacy Award, for supportive measures on behalf of another, by promoting the recognition of consumer rights and encouraging positive change in the realm of mental health and addictions issues, presented this day, October 16, 2019, to **Katharine Ketron**.



• *July 1, 2019*

Terri Becker becomes the 8th Executive Director since 1968

Terri Becker, CPA, joined the Board in 1987. She has extensive knowledge of Board operations, fiscal policy, and the Behavioral Health systems in Ohio, having previously served as Chief Financial Officer and Associate Director.