

Tri-County Connection



A Newsletter of the Tri-County Board of Recovery & Mental Health Services

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Our Mission

The Tri-County Board of Recovery and Mental Health Services is dedicated to planning, funding, monitoring and evaluating substance abuse and mental health services for Darke, Miami and Shelby counties; working diligently to see that the services are cost-effective and of the highest possible quality; informing the community about these services; and ensuring that people have access to them.



2nd Annual Art of Recovery Celebrating recovery...celebrating life!

On Wednesday, October 21, 2009, the Tri-County Board celebrated recovery by hosting its 2nd Annual Art of Recovery and Annual Meeting themed "Celebrating recovery...celebrating life!". The event, held at Edison Community College, included a reception and a showcase of paintings, drawings, photography, poetry and music from our local mental health and recovery system.

Our 2nd Annual Art of Recovery was outstanding with a showcase of over 60 pieces of art from 26 artists. The event highlighted and celebrated recovery from various points of view—from consumers, from family members, from providers, and from advocates. Each piece was poignant and moving in its own way.

As originally intended, the Art of Recovery showcase strives to encourage mental health and addiction consumers to embrace their inner artist and grow in their recovery through creative expression. The event

also seeks to increase public awareness of mental illness and addiction in an effort to fight the stigma that so often accompanies these diseases. We were thrilled with the outcome and response to our second event and hope to continue the Art of Recovery celebration for years to come.

litter-free place to live". The certificate was presented by the Tri-County Board on behalf of the Tri-County Crisis Intervention Team (CIT) and the officers of the Piqua Police Department. Piqua Police Chief, Bruce Jamison, and CIT Officers Sean Stein and Steve Cantrell were in attendance to honor Russell and to present him with a pin from the Piqua Police Department. Those in attendance were moved to a standing ovation for Russell, what a shining example of recovery!



Pictured from left to right: Jodi Long, Russell Donavon Scott, Sean Stein and Chief Bruce Jamison

The Tri-County Board would like to thank Allen Sensabaugh of Janssen Pharmaceuticals for co-sponsoring the event as well as everyone who contributed time and expertise to the Art of Recovery showcase. We'd especially like to thank the artists who participated — your resiliency is an inspiration to us all!

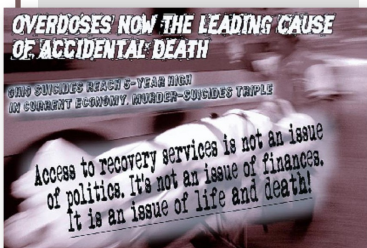
In addition to the art showcase, highlights of the evening included the presentation of the Geraldine B. Nelson Advocacy Award (article on page 3) and a special recognition of a consumer for his commitment to recovery. Russell Donavon Scott was presented with a framed certificate recognizing his "commitment to recovery and dedication to keeping the city of Piqua a beautiful and

Pictures from the Art of Recovery & Annual Meeting can be found on page 5.

State-wide Postcard Advocacy Campaign

The tri-county behavioral health system, along with other ADAMH Boards, NAMI groups and advocates across Ohio, participated in a postcard campaign designed to advocate for the availability of quality behavioral health services for all Ohioans who need them. The postcard campaign was created by the Ohio Association of County Behavioral Health Authorities and funded by the Coalition for Healthy Communities.

Over 60,000 postcards with the message **Access to recovery services is not an issue of politics. It's not an issue of finances. It's an issue of life and death!** were mailed to our State Legislators in the months of September and October. Over 500 postcards with personal messages were mailed from our local communities. *Thank you to everyone who helped with the campaign and for advocating for these vital services!*



The Honorable Ted Strickland, Governor
Riffe Center, 30th Floor
77 South High Street
Columbus, OH 43215-6108
www.governor.ohio.gov

Representative James Zehringer
District 77, House of Representatives
77 S. High St., 11th Floor
Columbus, OH 43215
district77@ohr.state.oh.us

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District 78, House of Representatives
77 S. High St, 12th Floor
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district78@ohr.state.oh.us

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District 79, House of Representatives
77 S. High St., 11th Floor
Columbus, OH 43215
district79@ohr.state.oh.us

Mr. Fred Strahorn, Senator
5th District, Ohio Senate
Senate Building, Room #128
Columbus, Ohio 43215
senatorstrahorn@maild.sen.state.oh.us

Mr. Keith Faber, Senator
12th District, Ohio Senate
Senate Building, Room 138
Columbus, OH 43215
SD12@senate.state.oh.us

From the Executive Director..

Recently I read the one pager “What’s It Going to Take” authored by the Ohio Association of County Behavioral Health Authorities. This one page newsletter summarizes many of the advocacy messages that we have collectively carried to our communities and leaders to both educate them about mental illness and chemical dependency and to reduce the stigma attached to them. “What’s It going to Take” was released following the extraordinary biennium budget cuts to mental health and chemical dependency services and is certainly intended to be ironic and perhaps a bit of a warning. Many believe that Ohio has dangerously reduced its safety net funding and consequently its services to the point where communities are much more vulnerable to personal tragedies.

So, what’s it going to take in the tri-county area? The tri-county behavioral health system has received a 21% funding reduction over the past 12 months. The system of care that serves nearly 11,000 people per year is one-fifth smaller than it was less than a year ago. Certainly the

demand has not changed, but the ability to meet that demand has been significantly impacted.

So what will we do? Here are some ideas:

- Advocacy – one might say that this has not been wildly successful; however, we must not stop. Individuals with mental illness and addictions do not have a strong voice so we must help them be heard. Many other community partners and service individuals are impacted by mental illness and chemical dependency; we must encourage their continued vocal support or promote the start of their involvement.

- Collaboration – we have a pretty good history of working together here in the tri-county region and we must do more. We are not the only ones impacted by the budget cuts and now more than ever opportunities for collaboration exist. The collaboration between law enforcement and the mental health system in forming the CIT Academy should serve as a reminder that win-win opportunities exist and can thrive.

- Status Quo – or rather, the saying might just become “status quo must go”! This system is changing, it is inevitable and we must embrace it. In a few short years this system will look very different. The resources we have and can expect to have in the next few years will demand a different approach and new structures in which to apply that logic. We owe it to those with mental illness and chemical dependency to strategically plan and implement that system.

And finally, our mission. Has our mission to the people of Miami, Darke and Shelby Counties changed? I carefully reviewed our mission and value statements and find that they are sound. We have fewer resources and sadly, there are fewer of us to provide services, but our mission remains intact. Our charge is to work within our mission and values and create the system of our immediate future and to never forget who we are here for.

So, the answer to what is it going to take in the tri-county area? The answer is “all of us”.

Mark McDaniel

How can you help? Continue to ADVOCATE!

Please contact our State leadership **as soon as possible** to increase our chances at impacting the State Budget Correction Bill. You’ll find contact information below. We CAN make a difference!

The Tri-County Board's Mission *IN ACTION!*

The Tri-County Board of Recovery & Mental Health Services is dedicated to ensuring a strong support system of mental health and recovery services in Darke, Miami and Shelby counties.

One way in which the Tri-County Board ensures a strong system is by developing, sponsoring, and providing training that promotes stigma reduction, supports personal recovery, and ensures a well-trained and dedicated workforce in our system and among community partners.

The Tri-County Board remains committed to those we serve. By offering locally available training at no to low cost, we hope to be able to continue enhancing our service delivery system, particularly in times of economic strain.

Ongoing training offered by the Board includes:

Training for Mental Health and Alcohol and Other Drug Addiction Treatment Providers:

- Ethics training offered every spring to professionals within the tri-county behavioral health system of care and beyond;
- CIT Companion Course for

Behavioral Health Professionals offered every September;

- And various other trainings offered throughout the year.

Training for Law Enforcement:

- Tri-County Crisis Intervention Team (CIT) Academy held every spring;
- Tri-County CIT Companion Course for 911 Dispatchers;
- Tri-County CIT Companion Course for Sheriff's Office, Corrections, and Other Court Personnel;
- And Advanced Training for CIT Graduates.

Training for Other Community Partners:

- Quarterly training for staff of Adult Care Facilities—2009 topics included "Provider Resiliency", "From a Consumer's Perspective", "Behavior Modification" and "Roles and Responsibilities of CSP Professionals";
- And various other trainings offered throughout the year.

In addition, and as part of the Board's Strategic Plan, the Board will establish a system wide defi-

nition of recovery and resiliency for both professionals and individuals suffering from mental illness and addiction. Part of this goal will be the creation of a "Recovery Academy" that will provide training to both professionals and consumers regarding the principles of recovery. The Academy will provide continuing education credit, will target agency credentialing requirements, will be cost effective, and will be hosted locally.

Principles to be considered in the development of the Recovery Academy are —*Care is:*

- Consumer and family driven
- Oriented towards recovery and resiliency
- Culturally competent
- Community based
- Based on evidence based and best practices
- Individualized and flexible
- Coordinated across all child and family serving systems
- Sensitive to children's developmental differences
- Provided in an environment that effectively uses technological advances

Stay tuned for more information regarding the development of a Recovery Academy and additional training opportunities!



Did you know the Tri-County Board is a great resource for information regarding a variety of mental health and addiction recovery topics?

The Tri-County Board has a resource library of information on various topics for professionals and the community at large. Please contact us with information requests. If we do not have the information you are requesting, we'd be happy to help you locate it. We are also available to participate in Health and Awareness Fairs. Please contact Amanda Brown, Director of Community Resource Development, to request participation in a health fair or for more information about available resources.

Tri-County Board staff is also available to coordinate and/or provide specialized training for your business, group or organization. Please contact Jodi Long, Director of Planning & Evaluation, with training requests.



Pictured from left to right: George Lovett, Board Chairman and Douglas Metcalfe

Douglas Metcalfe Honored as the Recipient of the 2009 *Geraldine B. Nelson Advocacy Award*

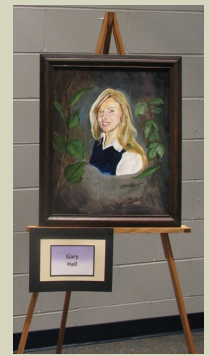
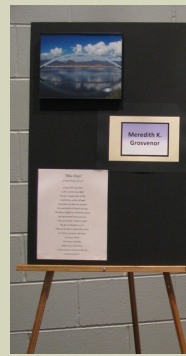
Douglas Metcalfe, Director of SafeHaven, Inc., was honored with the 2009 *Geraldine B. Nelson Advocacy Award* for his strong advocacy for our system, particularly in the last year during the budgeting process. Douglas was described as someone who whole heartedly embraces the principals of recovery and strongly promotes recovery through advocacy. He has been a big supporter of our system during the Mental Health and Recovery levy campaign and in preparing for the *Art of Recovery* event. Douglas keeps the best interests of our clients in the forefront of all he does and is a true advocate. Congratulations, Doug, on the well deserved recognition!

Art of Recovery

Celebrating recovery...celebrating life!



More pictures can be found at www.mdsadamhs.mh.state.oh.us



Tri-County Board of Recovery & Mental Health Services

1100 Wayne St., Ste. 4000
Troy, OH 45373
(937) 335-7727
1-800-589-2853

FAX (937) 335-8816

TTY/TDD (800) 750-0750

TTY/TDD Access is provided through the Ohio Relay Service

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Marcia Youtz, Vice Chair
Dennis Butts
Craig Dusek
Jewell Good
Julie Harmon
Marianne Helmlinger
Jerry Herbe
Kate Ketron
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Michael Martin
Robert Menz
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Nancy Sullivan
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Executive Director
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Amanda Brown, B.Ed.
Norma Hatke
Jerry Hill, MCSE
Jodi Long, LISW, LICDC
Stephen McEldowney, BSBA

The Tri-County Board is an Equal Opportunity Employer

Provider Network

Community Housing of Darke, Miami & Shelby Counties

1100 Wayne Street, Suite 4001
Troy, Ohio 45373
(937) 332-0021

Catholic Social Services

1201 Fairington Drive
Sidney, Ohio 45365
(937) 498-4593

Darke County Mental Health Clinic

212 East Main Street, PO Box 895
Greenville, Ohio 45331
(937) 548-1635

Darke County Recovery Services

600 Walnut Street
Greenville, Ohio 45331
(937) 548-6842

Miami County Mental Health Center/Choices

3130 North Dixie Highway
Troy, Ohio 45373
(937) 335-7166

Miami County Recovery Council

1059 North Market Street
Troy, Ohio 45373
(937) 335-4543

SafeHaven, Inc.

Miami / Shelby Co. Site
633 North Wayne St.
Piqua, Ohio 45356
(937) 615-0126

Darke County Site

322 Fair St.
Greenville, Ohio 45331
(937) 548-7233

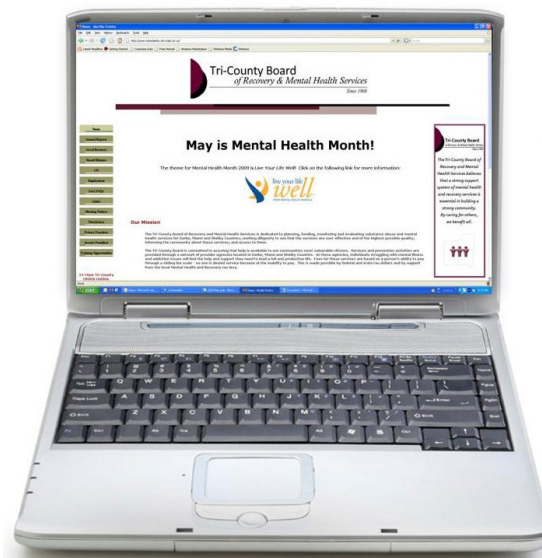
Shelby County Counseling Center, Inc.

500 East Court Street
Sidney, Ohio 45365
(937) 492-8080

Shelby County Recovery, Inc.

202 North Walnut Street
Sidney, Ohio 45365
(937) 497-7355

24-Hour Tri-County CRISIS Hotline 1-800-351-7347



Don't forget to visit the Tri-County Board web site!

www.mdsadamhs.mh.state.oh.us

Find the latest system news as well as links to important resources including local service providers and other topics of interest.

Do you have information you'd like to see in the newsletter or on our website? Please submit all requests to Amanda at: browna@mdsamhs.mh.state.oh.us