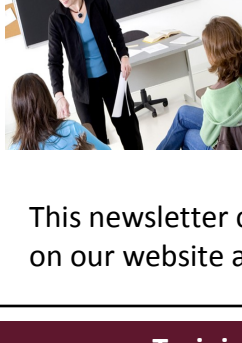


Tri-County Connection e-news - Training Edition

The Tri-County Board of Recovery & Mental Health Services is dedicated to ensuring a strong support system of mental health and recovery services in Darke, Miami and Shelby counties.



One way in which the Tri-County Board ensures a strong system is by developing, sponsoring, and providing training that promotes stigma reduction, supports personal recovery, and ensures a well-trained and dedicated workforce in our system and among community partners.

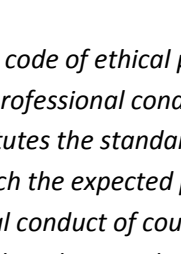
The Tri-County Board remains committed to those we serve. By offering locally available training at no to low cost, we hope to be able to continue enhancing our service delivery system, particularly in times of economic strain.

This newsletter contains a list of trainings being offered in Spring 2009. More information can be found on our website at www.mdsadamhs.mh.state.oh.us

Training for Mental Health and Alcohol and Other Drug Addiction Treatment Providers

Legal & Ethical Issues

In Counseling, Social Work, and Marriage & Family Therapy



The Tri-County Board of Recovery & Mental Health Services along with the Mental Health Coalition is offering training in **Legal & Ethical Issues** to counselors, social workers, and marriage and family therapists. The workshop will be held on Wednesday, May 13, 2009 from 8:30 AM—12:00 NOON at the Tri-County Board office.

Are you familiar with your licensing Board's code of professional conduct? This training will provide an overview of the Ohio Counselor, Social Worker, and Marriage and Family Therapist Board as well as provide an overview of the investigative unit of the Board, types of complaints received, and case studies to illustrate the topics.

The workshop will be presented by William L. Hegarty, Deputy Director, Ohio Counselor, Social Worker, and Marriage and Family Therapist Board.

The training will be offered **FREE** to professionals within the tri-county behavioral health system of care (*which includes staff and Board Members of Tri-County Board provider agencies*). Professionals outside the tri-county behavioral health system may attend the training for a \$30 registration fee.

Pre-registration will be required for the training – a \$10 no-show fee will be assessed for individuals who register, do not show, and do not cancel their registration at least 24-hours in advance.

To register, please [click here](#). Please include your name, title, agency, and day-time contact information with registration.

"The code of ethical practice and professional conduct constitutes the standards by which the expected professional conduct of counselors, social workers, and marriage and family therapists shall be measured."

Wednesday, May 13, 2009

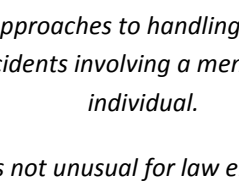
8:30 AM—12:00 NOON

Tri-County Board Office
1100 Wayne St, Suite 4000
(Stouder Center, 4th floor)
Troy, OH 45373

***Three (3.0) hours of Continuing Education credit has been approved by the State of Ohio Counselor, Social Worker and Marriage & Family Therapist Board.**

Training for Law Enforcement

Tri-County Crisis Intervention Team (CIT) Academy



The **Tri-County CIT Academy** will be held Monday, April 20 — Thursday, April 23, 2009 from 8:30 AM – 4:30 PM at the Tri-County Board of Recovery & Mental Health Services, 1100 Wayne St., Suite 4000 in Troy. The training is **FREE** of charge and **pre-registration is required**. Lunch and refreshments will be provided each day of the training.

The intensive 4-day training is designed to provide law enforcement with the knowledge and skills needed to respond effectively to crisis incidents involving a mentally ill individual. The training will be conducted under the instructional supervision of local CIT-trained police officers, mental health professionals, consumers, and family advocates and will offer practical techniques for de-escalating crisis situations.

Topics to be covered:

- ▶ Mental illness signs and symptoms – *anxiety disorder, bipolar disorder, depressive disorders, psychotic disorders, suicidal ideas, and more*
- ▶ Childhood mental health disorders – *common disorders including the signs, symptoms and treatment*
- ▶ Dealing with the dually-diagnosed – *both substance abuse and mental retardation*
- ▶ Mental health law – *pink slips, probate court, inpatient/outpatient commitment, admission requirements, and limits of both the MH and CJ systems*
- ▶ De-escalation techniques – *non-threatening approaches, making sure you are heard, defusing crises, and maintaining safety*

Participants will also be given the opportunity to hear consumer and family member viewpoints on a variety of topics and participate in ride-alongs and scenario based training. The ride-along will include an agency site visit and may consist of activities such as attending a group therapy session or other mental health center program and an actual ride-along with a case manager.

Registration is limited to 20 for the training. A wait-list will be created once registration hits capacity. The deadline for registration is Friday April 10, 2009.

To register, please [click here](#). Please include your name, title, department, and day-time contact information with registration.

CIT is more than just training. CIT is a Nationally recognized program that teaches law enforcement safe and effective approaches to handling crisis incidents involving a mentally ill individual.

It's not unusual for law enforcement to be the first response in a crisis incident involving a mentally ill individual. For that purpose, it is important to provide officers with the skills necessary to calm and contain a situation with the least amount of force.

Ohio and Local CIT Statistics:

- Over 3,000 Ohio Law Enforcement have taken a CIT course;
- Miami, Darke and Shelby counties have over 45 CIT trained officers;
- Currently, 67 counties throughout Ohio have a CIT program;
- CIT programs can reduce SWAT & Hostage Negotiator calls by an average of 60%.

•CIT works!

Tri-County CIT Companion Course for Dispatchers

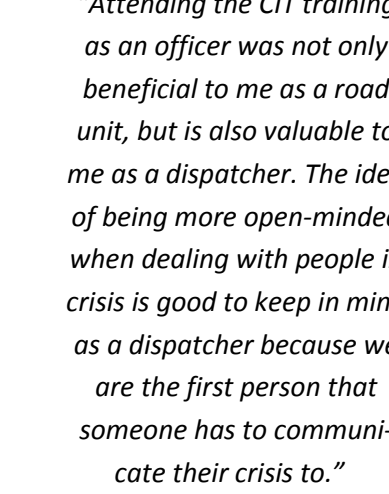
A **CIT Companion Course for Dispatchers** will be held on Thursday, May 7, 2009 from 8:30 AM - 4:30 PM at the Tri-County Board office. This CIT Companion course will provide dispatchers with the knowledge and skills necessary to identify a mental health caller in crisis and to respond effectively. The training will be conducted under the instructional supervision of local CIT-trained police officers, mental health professionals, consumers, and family advocates and will offer practical techniques for de-escalating crisis situations.

Training Topics Will Include

- ▶ Understanding Mental Illness
- ▶ Overview of Tri-County Behavioral Health Services
- ▶ Gathering Information that is Helpful to Officers
- ▶ From a Consumer's Perspective
- ▶ Verbal De-escalation Techniques
- ▶ Scenario Based Training
- ▶ System Coordination

The training is **FREE** of charge and **pre-registration is required**. Lunch and refreshments will be provided for the training. Registration is limited to 20 registrants. A wait-list will be created if registration exceeds 20. The deadline for registration is Friday April 24, 2009.

To register, please [click here](#). Please include your name, title, department, and day-time contact information with registration.



"Attending the CIT training as an officer was not only beneficial to me as a road unit, but is also valuable to me as a dispatcher. The idea of being more open-minded when dealing with people in crisis is good to keep in mind as a dispatcher because we are the first person that someone has to communicate their crisis to."

- Tri-County CIT Officer

"Dying in Blue"

On Tuesday, May 19, 2009, from 8:30 AM—4:00 PM, the Tri-County Board in conjunction with the Tri-County CIT Advisory Committee will be offering training on the topic of suicide within public safety agencies.

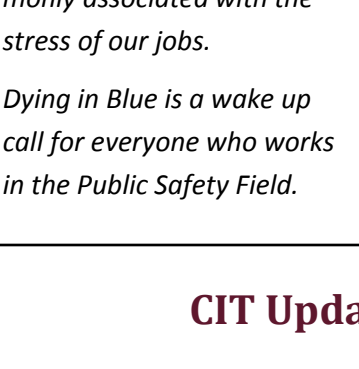
Law enforcement officers and physical trauma dispatchers are not immune from the emotional and physical public safety commonly associated with the stress of their jobs. This training is presented **by** a police officer **for** police officers.

The training will be presented by Commander Ralph Portier, Pickerington Police Department. Commander Portier has trained on the topic of suicide and depression awareness across Ohio. He recently trained the Tri-County CIT Graduates in the Advanced CIT Course in Fall 2008 and is coming back to share his message with all tri-county police officers.

Commander Portier's presentation covers the unique aspects of being a police officer including job stressors, warning signs of depression in police officers, and talking about mental health awareness and suicide prevention among your peers.

"Dying in Blue" is a FREE seminar and **pre-registration is required**. Law enforcement from all over Darke, Miami and Shelby counties are invited to attend.

To register, please [click here](#). Please include your name, title, department, and day-time contact information with registration.



"Dying in Blue" discusses the topic of Suicide within Public Safety Agencies. Law Enforcement Officers and Public Safety Dispatchers are not immune from the emotional and physical trauma commonly associated with the stress of our jobs.

Dying in Blue is a wake up call for everyone who works in the Public Safety Field.

CIT Updates and Refresher Course - SAVE THE DATE

The Ohio Department of Mental Health, the Criminal Justice Coordinating Center of Excellence and NAMI Ohio join together again this year to integrate law enforcement personnel training into the NAMI Ohio 2009 Annual Conference on May 8, 2009 at the Hyatt Regency in Columbus OH. The training will include CIT updates and refresher courses for CIT Trained Officers and CIT Coordinators across Ohio. The training will be followed by lunch and CIT Awards Ceremony.

- ▶ More information including conference times and registration will be available at a later date!

Training for other Community Partners

2009 Adult Care Facility Training

The Tri-County Board of Recovery & Mental Health Services is sponsoring quarterly Adult Care Facility trainings designed for staff, managers, and owners of ACF homes. These trainings will provide ACF home staff with the knowledge and skills needed to serve mental health consumers in their care. The trainings will be conducted under the instructional supervision of independently licensed counselors, social workers, and other behavioral health professionals. The trainings may be applied toward the state's requirement for 6 hours of mental health specific training for ACF staff per year.

Training Opportunities:

Tuesday, April 28 From a Consumer's Perspective

Learn what it is like to live daily with mental illness from a panel of mental health consumers who will share their personal experiences, symptoms & road to recovery from schizophrenia, bipolar depression, and major depression

Tuesday, July 28 Behavior Modification

Become skilled at improving your success in implementing recovery supportive services with the residents you serve

Tuesday, October 27 Provider Resiliency

Expand your toolbox of self coping skills of how to bounce back from the ups and downs of working in an adult care facility

Each training will be offered in both a morning an afternoon session. Please indicate which session you will be attending when you register. **Morning Session: 9:00 AM — 12:00 NOON, Afternoon Session: 1:30 PM — 4:30 PM.**

The training is FREE of charge for ACF providers who currently serve consumers placed from Miami, Darke, or Shelby counties through Community Housing, a provider agency of the Tri-County Board. A registration fee of \$30 per person will be required for all non-tri-county area ACF providers. Registration is limited to 45 registrants and **pre-registration is required**. A wait list will be created if registration exceeds 45.

To register, please [click here](#). Please include your name, title, department or agency, e-mail, and day-time contact information along with the title, date and session (AM or PM) of the training you would like to attend.

Did you know the Tri-County Board is a great resource for information regarding a variety of mental health and addiction recovery topics? The Tri-County Board has a resource library of information for professionals and the community at large. Please contact us with information requests. If we do not have the information you are requesting, we'd be happy to help you locate it. We are also available to participate in Health and Awareness Fairs. Please contact [Amanda Brown, Director of Community Resource Development](#) to request participation or for information about available resources.

Tri-County Board staff is also available to coordinate and/or provide specialized training for your business, group or organization. Please contact [Jodi Long, Director of Planning and Evaluation](#) with training requests.



Questions or comments? Please e-mail us at [Tri-County Board](#) or call (937) 335-7727.

For Archived issues of the Tri-County Connection e-news, please visit www.mdsadamhs.mh.state.oh.us

To download a free version of Adobe Reader to view the e-news, please [click here](#).



The Tri-County Connection e-news is intended to keep you informed of current issues and events in the local and State behavioral healthcare system. If you've received this e-mail and would like to be removed from the Tri-County Connection e-news contact list, please [click here](#) to UNSUBSCRIBE.

The Tri-County Board of Recovery & Mental Health Services is the local ADAMHS Board responsible for planning, funding, monitoring and evaluating publicly funded mental health and alcohol/drug treatment and prevention services for Darke, Miami and Shelby Counties. The Board is dedicated to assuring the highest possible quality of care for the lowest possible