

# Tri-County Connection



Tri-County Board of Recovery & Mental Health Services

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## Our Mission

The Tri-County Board of Recovery and Mental Health Services is dedicated to planning, funding, monitoring and evaluating substance abuse and mental health services for Darke, Miami and Shelby counties; working diligently to see that the services are cost-effective and of the highest possible quality; informing the community about these services; and ensuring that people have access to them.



## The Art of Recovery

On Wednesday, October 15, 2008, the Tri-County Board celebrated 40 years of dedicated service to the citizens of Darke, Miami and Shelby Counties with an art showcase and Annual Meeting. In addition to the traditional dinner and agenda for the annual meeting, the event included a showcase of paintings, drawings, photography, poetry and music from our local mental health and recovery system.

The showcase, appropriately named the "Art of Recovery", highlighted and celebrated recovery from various points of view.

The event, attended by consumers, providers, community partners, family members and more, was enjoyed by all.

The utilization of art as a facet of mental health and addictions recovery is not a new concept. In fact, consumer artists, many untrained, have produced poignant and moving pieces of art that have been displayed across the country. The "Art of Recovery" showcase and celebration strives to encourage mental health and addiction consumers to embrace their inner artist and grow in their recovery through creative expres-

sion. The "Art of Recovery" also seeks to increase public awareness of mental illness and addictions issues in an effort to fight the stigma that so often accompanies these diseases. We were thrilled with the outcome and response to our first event and hope to continue the "Art of Recovery" celebration for years to come.

We'd like to thank everyone who contributed time and expertise to the first "Art of Recovery" showcase. We'd especially like to thank the artists who participated — your resiliency is an inspiration to us all.

*Pictures from the Art of Recovery and Tri-County Board 40<sup>th</sup> Anniversary Annual Meeting & Celebration can be found on page 6 of this newsletter.*



## Shelby County Counseling Center Receives ODMH Capital Grant

The Ohio Department of Mental Health has notified the Tri-County Board of Recovery and Mental Health Services that Shelby County Counseling Center, Inc.'s application for a capital grant has been selected for funding. The application for a \$1.5 million integrated counseling, primary health and consumer recovery center now awaits final approval from the State Controlling Board. Once final approval is received, SCCC will begin the process of purchasing, renovating and expanding an existing structure within Sidney city limits.

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## Board & System News

### **SCCC Receives ODMH Capital Grant**

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According to SCCI's Executive Director, Ken Ward, "the capital grant will provide an updated, modern Community Mental Health Center with an integrated consumer operated recovery center and primary care medical services for SED/SMD and SAMI populations." When expansion and renovations are complete the 16,000 sq. ft. structure will include a 12,000 square foot outpatient community behavioral health center; a 2,000 square foot consumer operated recovery center; and a 2,000 square foot primary care family practice clinic. More information will be available as the project moves forward.

### **Tri-County Crisis Task Force**

The Tri-County Board has created a task force of provider agencies, law enforcement, hospitals, and other community stakeholders to evaluate the effectiveness, effi-

ciency, and access to mental health crisis services in Darke, Miami and Shelby counties. The task force, led by Jodi Long and Dr. Justin Trevino, will provide recommendations in a written report to improve our integrated delivery system of crisis services in the tri-county area. The report will be provided to the Tri-County Board combined Mental Health and AoD sub committees for consideration and will serve as the basis for enhancing and modifying the current Tri-County crisis system.

### **Miami County Mental Health Court Pilot**

The Tri-County Board in partnership with the Miami County Mental Health Center, Miami County Municipal Court and Miami County Municipal Probation will launch a new specialized court docket for adults with severe mental illness. This initiative, recognized and supported by both the Ohio Supreme Court as well as the U.S. Department of

Justice, will employ a problem-solving approach in lieu of more traditional court procedures. Each defendant participating in the program will receive judicially supervised and community-based treatment from a team of court staff and mental health professionals. To help offset the start up costs of creating this specialized docket, the Tri-County Board has awarded the Miami County Mental Health Center a one time grant of \$5,000 for the Miami County Mental Health Court.

### **Saying Farewell...**

At the January Board of Directors' meeting, the Board bid farewell to two well known and well respected individuals in our system, Wayne Willcox and Jack Neuenschwander.

Wayne Willcox, Board Chair, announced his resignation and informed the Board that he and his wife are relocating to Savannah GA at the end of January. Wayne was

appointed to the Board in 2001 as an ODADAS appointee and has served as Finance Committee Chair, Board Vice Chair and most recently as Board Chairperson.

Jack Neuenschwander, who has served as Board Attorney for over 20 years, recently announced his retirement. Prior to serving as Board Attorney, Jack served as a member of the Tri-County Board from 1971 – 1980 and served as Board Chair in 1973 and 1976.

The Board would like to sincerely thank both Wayne and Jack for their dedicated service to the Tri-County Board; they will be missed. We wish them both well in their future endeavors.



*Jack Neuenschwander accepts a Resolution of Appreciation*

## Sue Deaton Receives *Geraldine B. Nelson Advocacy Award*



The *Geraldine B. Nelson Advocacy Award*, first presented in 2000, celebrates the efforts of advocates in the Tri-County Mental Health and Recovery System. This year's recipient, J. Sue Deaton, is a Residential Coordinator for Community Housing and has worked in the mental health field for over 15 years. Sue has been described as "always having the best interests of the client in the forefront of all she does". Her willingness to embrace the principles of recovery and implement change in our system is outstanding. Sue has been instrumental in re-designing recovery support services for consumers living in adult care facilities and works continually to help consumers embrace recovery and live in-dependently. We congratulate Sue on her well deserved recognition!

## Training Opportunities

### ***Legal & Ethical Issues in Counseling, Social Work, and Marriage & Family Therapy***

**Wednesday, May 13, 2009**

*"The code of ethical practice and professional conduct constitutes the standards by which the expected professional conduct of counselors, social workers, and marriage and family therapists shall be measured."*



**Are you familiar with your licensing Board's code of professional conduct?** The Tri-County Board of Recovery & Mental Health Services along with the Mental Health Coalition is offering training in *Legal & Ethical Issues in Counseling, Social Work, and Marriage & Family Therapy* to counselors, social workers, and therapists in the tri-county behavioral health system of care. The workshop will be held on **Wednesday, May 13, 2009 from 8:30 AM—12:00 NOON at the Tri-County Board office.**

This training will provide an overview of the Ohio Counselor, Social Worker, and Marriage and Family Therapist Board as well as provide an overview of the investigative unit of the Board, types of complaints received, and case studies to illustrate the topics. The workshop will be presented by William L. Hegarty, JD, Deputy Director, Ohio Counselor, Social Worker, and Marriage and Family Therapist Board. Learning Objectives include: understanding the role of a State Regulatory Board; understanding new ethical rules that are in place; understanding the investigative/disciplinary role of the Board; and recognizing issues that will hopefully prevent licensees from violating the Code of Professional Conduct.

The training will be offered *FREE* to counselors and social workers within the tri-county behavioral health system of care (*staff and Board members of Tri-County Board provider agencies*). Professionals outside the tri-county behavioral health system can attend the training for a \$30 registration fee. A \$10 no-show fee will be assessed for individuals who register, do not show, and do not cancel their registration 24-hours in advance. To register, contact Amanda Brown at [browna@mdsamhs.mh.state.oh.us](mailto:browna@mdsamhs.mh.state.oh.us).

## Tri-County CIT

The Tri-County Crisis Intervention Team (CIT) program is more than just training. CIT is a Nationally recognized program for law enforcement that promotes safe and effective approaches to handling crisis incidents involving a mentally ill individual. CIT is an entire program of system collaboration and coordination as well as training. In reality, it's not unusual for law enforcement to be the first response in a crisis incident involving a mentally ill individual. For that purpose, it is important to provide officers with the skills necessary to calm and contain a situation with the least amount of force. As part of the training component of CIT, the Tri-County Board in partnership with the Tri-County CIT Advisory Committee, sponsors various training courses throughout the year to further our local CIT Program.



### ***The 2009 CIT Training Calendar includes:***

**March 2009** - *Train-the-Trainer De-Escalation Skills Training for CIT Graduates*

**April 20-23, 2009** - *Tri-County CIT Academy*

**September 23-24, 2009** - *CIT Companion Training for Behavioral Health*

**November 2009** - *CIT Advanced Training for CIT Graduates*

All trainings are *FREE* of charge and *pre-registration is required*. For more information or to register for any CIT program trainings, contact Amanda Brown at [browna@mdsamhs.mh.state.oh.us](mailto:browna@mdsamhs.mh.state.oh.us).

## Board Member Openings



**Are you looking for a way to serve your community on a local volunteer Board?**

**Are you sensitive to those suffering from mental illness and substance abuse issues?**

**Are you a resident of Miami, Darke or Shelby County?**

If you answered "Yes!" to the above questions, we're looking for you! The Tri-County Board of Recovery & Mental Health Services, established in 1968, is recruiting interested individuals to serve on the Board of Directors.

The Tri-County Board, serving Darke, Miami and Shelby Counties, oversees publicly funded mental health and alcohol/drug treatment and prevention services. The Board is dedicated to planning, funding, monitoring and evaluating mental health and recovery services available to all tri-county residents through a network of provider agencies.

Interested persons must be residents of Darke, Miami or Shelby Counties, should have a strong interest in community service on a volunteer Board, and sensitivity to mental health and substance abuse issues. For more information or to request an application for Board membership, visit [www.mdsadamhs.mh.state.oh.us](http://www.mdsadamhs.mh.state.oh.us) or contact the Board office at (937) 335-7727.

Equal Opportunity Employer. Minority applicants are encouraged to apply.



## The New! Mental Health Coalition

In July 2008, the Mental Health Association of Miami County and the Tri-County Suicide Prevention Coalition merged to become a new entity serving Darke, Miami and Shelby Counties, the MENTAL HEALTH COALITION.



The newly created organization will continue the legacy of each independent organization by providing education to promote mental wellness and recovery; providing advocacy to reduce stigma; providing programming to promote positive community improvement; and to continue outreach to provide hope and preserve lives in the tri-county region. The Mental Health Coalition will accomplish this in part by offering community education opportunities, a community resource clearinghouse and professional development opportunities. In fact, the Mental Health Coalition is partnering with the Tri-County Board to provide a Legal and Ethics Training for behavioral health professionals in Spring 2009.

The Mental Health Coalition is located in the old Mental Health Association office at 1100 Wayne St., Suite 4002 (Stouder Center) in Troy. To learn more about the new Mental Health Coalition, please contact the Mental Health Coalition Director, Karen Dickey, at 332-9293 or by e-mail at [mhamc@verizon.net](mailto:mhamc@verizon.net).

## NAMI News

### NAMI Family-to-Family Education Course

Miami County NAMI will offer the NAMI Family-to-Family Education Program to families of persons diagnosed with serious mental illness. The 12 week course will start on Tuesday, March 10, 2009 from 7:00 to 9:30 p.m. and will be held at the Tri-County Board of Recovery and Mental Health Services, 1100 Wayne St., Suite 4000 (4<sup>th</sup> Floor, Stouder Center), in Troy.



NAMI (National Alliance on Mental Illness) is a national organization with state and local affiliates dedicated to providing education, support and advocacy for families and persons affected by severe mental illness. This course helps families understand, assist and cope with the problems brought on by mental illness. More specifically, the material describes diagnoses of schizophrenia, mood disorders (bipolar disorder and major depression), panic, anxiety and obsessive-compulsive disorders, and borderline personality disorder. Families learn about research on causes, medications and therapies, resources, prognosis, recovery and rehabilitation. Skills are taught such as problem-solving, communication, and handling crisis or relapse situations. Support and stress reduction techniques are also offered to ease the anxiety and stress that families experience.

The Family-to-Family curriculum is written by an experienced family member who is also a mental health professional. The course will be taught by NAMI volunteers who have taken intensive training as instructors. The co-teachers will be Jim and Joanne Mieding.

"We found the course incredibly helpful!" said instructor Joanne Mieding. "It increased our knowledge and gave us a better understanding of how our ill family member saw the world. We felt much better about the future, knowing so much more about what to do and say. We wanted to share what we learned with others!"

The course is designed specifically for parents, siblings, spouses, teen-age and adult sons and daughters, partners and even friends who want to understand and help loved ones with mental illness. The course is not intended for individuals who themselves have a major mental illness.

The NAMI Family-to-Family Course is FREE.

For more information or to register please call Jim or Joanne Mieding at (937) 335-3365 or (937) 339-5393.



### Save the Date!

NAMI Ohio 2009 Annual Conference

*"Under the Same Sky: Celebrating Differences/Recovering Together"*

May 8—9, 2009 at the Hyatt Regency in Columbus

Visit the NAMI Ohio web site at [www.namiohio.org](http://www.namiohio.org) for conference information.

# The Art of Recovery

## Tri-County Board Annual Dinner and 40<sup>th</sup> Anniversary Celebration



## Tri-County Board of Recovery & Mental Health Services

1100 Wayne St., Ste. 4000  
Troy, OH 45373  
(937) 335-7727  
1-800-589-2853

FAX (937) 335-8816

TTY/TDD (800) 750-0750

*TTY/TDD Access is provided through the Ohio Relay Service*

### Board Members

George Lovett, Chair  
Terry Christy  
Craig Dusek  
Jewell Good  
Julie Harmon  
Marianne Helmlinger  
Jerry Herbe  
Kate Ketron  
William Lutz  
Robert Menz  
Dr. Jennifer Shoenfelt  
Jason Wagner  
Roger Welklin  
Ruth Wright  
Marcia Youtz

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Joyce Arnold  
Terri Becker, CPA  
Amanda Brown, B.Ed.  
Sharon DeWeese  
Norma Hatke  
Marleen Hemmelgarn, BAS  
Jerry Hill, MCSE  
Jodi Long, LISW, LICDC  
Stephen McEldowney, BSBA

## Provider Network

### Catholic Social Services

1201 Fairington Drive  
Sidney, Ohio 45365  
(937) 498-4593

### Community Housing of Darke, Miami & Shelby Counties

1100 Wayne Street, Suite 4001  
Troy, Ohio 45373  
(937) 332-0021

### Darke County Mental Health Clinic

212 East Main Street, PO Box 895  
Greenville, Ohio 45331  
(937) 548-1635

### Darke County Recovery Services

600 Walnut Street  
Greenville, Ohio 45331  
(937) 548-6842

### Miami County Mental Health Center/Choices

3130 North Dixie Highway  
Troy, Ohio 45373  
(937) 335-7166

### Miami County Recovery Council

1059 North Market Street  
Troy, Ohio 45373  
(937) 335-4543

### SafeHaven, Inc.

Miami / Shelby Co. Site  
633 North Wayne St.  
Piqua, Ohio 45356  
(937) 615-0126

### Darke County Site

322 Fair St.  
Greenville, Ohio 45331  
(937) 548-7233

### Shelby County Counseling Center, Inc.

500 East Court Street  
Sidney, Ohio 45365  
(937) 492-8080

### Shelby County Recovery, Inc.

202 North Walnut Street  
Sidney, Ohio 45365  
(937) 497-7355

## 24-Hour Tri-County CRISIS Hotline 1-800-351-7347



### Tri-County Network of Care Web Site [www.tricounty.oh.networkofcare.org](http://www.tricounty.oh.networkofcare.org)

Don't forget to visit your local Tri-County Network of Care website providing tri-county residents with a one-stop online resource offering vital information and links to local behavioral health services and support for all tri-county residents. The web site is updated daily and offers the latest information on over 4,000 behavioral health topics and links to service providers located right here in your local community.

