

# Tri-County Connection

Tri-County Board of Recovery & Mental Health Services



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### Our Mission

The Tri-County Board of Recovery and Mental Health Services is dedicated to planning, funding, monitoring and evaluating substance abuse and mental health services for Darke, Miami and Shelby counties; working diligently to see that the services are cost-effective and of the highest possible quality; informing the community about these services; and ensuring that people have access to them.



Dependence on alcohol and other drugs is a widespread health problem that affects nearly 22.6 million people in the US. Addiction does not discriminate — it affects anyone regardless of their age, race, gender, ethnicity and class. Fortunately, through the Tri-County Board provider network and system of care, a variety of treatment and support programs are available to those who need them most.

This September, join the Tri-County Board in recognizing National Recovery Month as we "JOIN THE VOICES FOR RECOVERY" and celebrate those who work tirelessly to ad-

vance the treatment and recovery system.

National Recovery Month, coordinated by SAMHSA, is designed to help people understand there is hope. Treatment for alcohol and drug addiction is available AND effective.

According to the 2006 National Survey on Drug Use and Health, published by the US Department of Health and Human Services, an estimated 22.6 million persons (or 9.2 percent of the US population) age 12 and older were classified with a serious substance abuse disorder in the past year. In

addition, 4 million persons age 12 and older received some kind of treatment for problems related to the use of alcohol or illicit drugs. Unfortunately, there are millions more in the US in need of treatment and support that recovery providers can offer; however, they are either unable or unwilling to seek the treatment they need and deserve.

During Nation Recovery month, help us promote treatment for those suffering from substance abuse and addiction — treatment is available and recovery is possible!

For more information about Recovery Month, visit [www.recoverymonth.gov](http://www.recoverymonth.gov)

## Promoting Recovery in the Workplace

Substance abuse disorders can affect anyone— from business men, to teachers, to mechanics, to many other professionals. In fact, the workforce is one of the largest groups affected by this problem. In 2006, 61.5% of adults age 18 and older with a substance abuse disorder, nearly 13 million people, were employed full time. The following are ways in which your workplace can promote Recovery:

**Offer an Employee Assistance Program (EAP):** This type of program can provide confidential problem identification, short-term counseling and referral to appropriate treatment.

**Change Company Culture:** Offer alcohol free events and establish a drug-free workplace policy.

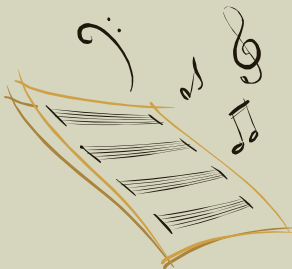
**Employee Education:** Teach employees the signs

and symptoms of substance abuse and provide a list of locally available treatment options.

**Listen to Employees:** Happy employees are productive employees! Take time to talk with your employees about concerns and suggestions for promoting recovery at work. Ensure confidentiality and modify your workplace programming based on the results.

Art and recovery seem to go hand-in-hand. People familiar with mental illness and addiction understand the terrible sense of loss, loss of purpose and loss of self esteem, that these debilitating diseases can bring. Creating art in and of itself can be extremely healing and therapeutic on a number of levels. Art provides a way to communicate through creative expression; it promotes self esteem and confidence; and it offers hope, purpose and identity to those that have been labeled “mentally ill” or an “addict”.

The utilization of art as a facet of mental health and addictions recovery is not a new concept. In fact, consumer artists, many untrained, have produced poignant and moving pieces of art that have been displayed across the country. The *Art of Recovery* strives to encourage mental health and addiction consumers to embrace their inner artist and grow in their recovery through creative expression. The *Art of Recovery* also seeks to increase public awareness of mental illness and addictions issues in an effort to fight the stigma that so often accompanies these diseases.



## Announcing the 2008 Tri-County Board of Recovery & Mental Health Services Annual Meeting and 40<sup>th</sup> Anniversary Celebration,

# ★ The Art of Recovery

Wednesday, October 15, 2008

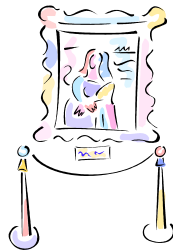
Edison Community College

1973 Edison Dr. in Piqua, Ohio

Open Reception and Art Showcase at 5:30 PM

**Dinner at 6:30 PM, Reservation Required, \$15.00 per person**

Reservations for the dinner are due by October 3, 2008 by contacting the Tri-County Board at 335-7727 ext. 220



### Art Submission Information

The Tri-County Board of Recovery & Mental Health Services is currently seeking artists who are in recovery from a substance abuse disorder, who have been diagnosed with a mental illness, or artists whose work reflects recovery for the 2008 Art of Recovery exhibit at the Tri-County Board Annual Meeting. For display consideration, the artist must complete an Art Submission Form and return the

form to the Tri-County Board by Friday, September 19, 2008. The art submission form can be found at [www.mdsadamhs.mh.state.oh.us](http://www.mdsadamhs.mh.state.oh.us) or may be obtained by contacting the Tri-County Board office at 335-7727.

Taking into consideration the venue at which the art will be showcased, the art will be reviewed by a committee before display. In addition, we are limited in the number of pieces that can be displayed due to the location of the Annual Meeting. The selection committee will try to include each piece submitted for display, but cannot guarantee space availability.

*What may be submitted?* The *Art of Recovery* committee will accept submissions of paintings, drawings, photography, poetry, sculptures, instrumental music and art of other media.

Additional information and Art Submission forms can be found at the Tri-County Board website at [www.mdsadamhs.mh.state.oh.us](http://www.mdsadamhs.mh.state.oh.us).



## System News

### Local CIT Officer Named "Police Officer of the Year"

Todd Voskuhl, CIT graduate and Police Officer for the Piqua Police Department, was recognized as the "Police Officer of the Year" at the 10<sup>th</sup> Annual Piqua Area Chamber of Commerce Fire & Police Community Appreciation Dinner on August 20, 2008. In addition to being named Police Officer of the Year, officer Voskuhl also received the Knights of Columbus Blue Coat Award for outstanding police, fire and EMS.

Officer Voskuhl graduated from the Tri-County CIT Academy in April 2007.



Todd has assisted the Tri-County Board in system trainings and was a trainer at the 2008 CIT Academy. Officer Voskuhl exemplifies the Tri-County CIT program and is congratulated on his well deserved recognition.

### Local NAMI Member Joanne Mieding Recognized with "Heroes in the Fight" Award



On September 28, 2008 at a celebration luncheon of the Ohio Psychological Association, Joanne Mieding of Miami County NAMI will be honored as a *Hero in the*

*Fight* in the Individual Allied Healthcare Professionals category for her work as a mental health advocate.

The *Heroes in the Fight* program is a recognition partnership program sponsored by and established by Eli Lilly and Company. The program celebrates dignity, courage, hope, and recovery in the ongoing treatment of persons with serious and persistent mental illness by recognizing "heroes" who provide care and support for persons with mental illness and their families.

Mrs. Mieding has been an active member of NAMI Miami County for many years and is a local instructor for the NAMI sponsored Family-to-Family training program. The Tri-County Board would like to congratulate Joanne for the honor and thank her

for her commitment to the families of those suffering from mental illness.

For more information, please visit the *Heroes in the Fight* website at [www.heroesinthefight.org](http://www.heroesinthefight.org)



## Training Opportunities

### Tri-County CIT Law Enforcement Training for Behavioral Health Professionals

As a component of the Tri-County CIT Program, The Tri-County Board of Recovery & Mental Health Services is offering a free 2-day training program regarding *CIT & Law Enforcement* to behavioral health professionals in the tri-county system of care. The training will be held on Wednesday, September 24 and Thursday, September 25, 2008 from 8:30 AM—4:00 PM at the Tri-County Board office.

The intensive 2-day training will be conducted under the instructional supervision of local law enforcement and will cover topics including: Law Enforcement Logistics, Limitations of an Officer's Authority, Jail Issues, Probation and Parole. In addition, workshop participants will have the opportunity to ride along with law enforcement professionals .

The training is **FREE** of charge and **pre-registration is required**. Contact Amanda Brown at 335-7727 ext. 209 for more information or to register.

### Advanced Training for Tri-County CIT Graduates

On Wednesday, November 5, 2008, The Tri-County Board is sponsoring an advanced training for Tri-County CIT Graduates to address the emotional and physical trauma commonly associated with the job stress of law enforcement officers.



The training, presented by Ralph Portier, Cdr., Pickerington Police Department, will cover unique aspects of being a police officer including job stressors, warning signs of depression in fellow officers, and talking with fellow officers about mental health awareness.

The training is open only to graduates of the Tri-County CIT Academy and their supervisors. CPTs have been approved for this training.

The training is **FREE** of charge and **pre-registration is required**. Contact Amanda Brown at 335-7727 ext. 209 for more information or to register.

## Tri-County Board of Recovery & Mental Health Services

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Troy, OH 45373  
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1-800-589-2853

FAX (937) 335-8816

TTY/TDD (800) 750-0750

TTY/TDD Access is provided through the Ohio Relay Service

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Marleen Hemmelgarn, BAS  
Jerry Hill, MCSE  
Jodi Long, LISW, LICDC  
Stephen McEldowney, BSBA

## Provider Network

**Community Housing of Darke, Miami & Shelby Counties**  
1100 Wayne Street, Suite 4001  
Troy, Ohio 45373  
(937) 332-0021

**Catholic Social Services**  
1201 Fairington Drive  
Sidney, Ohio 45365  
(937) 498-4593

**Darke County Mental Health Clinic**  
212 East Main Street, PO Box 895  
Greenville, Ohio 45331  
(937) 548-1635

**Darke County Recovery Services**  
600 Walnut Street  
Greenville, Ohio 45331  
(937) 548-6842

**Miami County Mental Health Center/Choices**  
3130 North Dixie Highway  
Troy, Ohio 45373  
(937) 335-7166

**Miami County Recovery Council**  
1059 North Market Street  
Troy, Ohio 45373  
(937) 335-4543

**SafeHaven, Inc.**  
*Miami / Shelby Co. Site*  
633 North Wayne St.  
Piqua, Ohio 45356  
(937) 615-0126

**Darke County Site**  
322 Fair St.  
Greenville, Ohio 45331  
(937) 548-7233

**Shelby County Counseling Center, Inc.**  
500 East Court Street  
Sidney, Ohio 45365  
(937) 492-8080

**Shelby County Recovery, Inc.**  
202 North Walnut Street  
Sidney, Ohio 45365  
(937) 497-7355

## 24-Hour Tri-County CRISIS Hotline 1-800-351-7347



**Tri-County Network of Care Web Site**  
[www.tricounty.oh.networkofcare.org](http://www.tricounty.oh.networkofcare.org)

Don't forget to visit your local Tri-County Network of Care website providing tri-county residents with a one-stop online resource offering vital information and links to local behavioral health services and support for all tri-county residents. The web site is updated daily and offers the latest information on over 4,000 behavioral health topics and links to service providers located right here in your local community.

